

Home Whitening

For long-lasting results after a professional teeth whitening treatment.



In order to maintain the results of professional teeth whitening, we prepare custom-made mouth trays for home whitening treatments. Furthermore, we provide you with a protection system adapted to your teeth to be used first – to protect your teeth from the acting substances of the whitening gel.

Before Treatment: Detection of original teeth color at the dental office.

Treatment: Make sure that the bleaching trays are clean and dry.

Fill with a small amount of whitening gel:

- Place half way up on the inner front surface of tray
- Do not spread the bleach around

Brush and floss just prior to bleaching, then firmly seat the tray against the teeth.

Leave on your teeth for at least 1 – 2 hours (60% whitening gel) or overnight (10% whitening gel) and after removing the tray, thoroughly rinse your mouth with water.

In case of increased sensitivity the procedure should be stopped – use the provided protection system.